

Dear students,

We're looking forward to meeting you in boarding and getting to know each of you individually.

As you'll be aware each student will be quarantining in their rooms for 14 days. The only exception to this are students who have already been in the UK for 14 days once they arrive at DLD. We understand that this will be a struggle for some of you so wanted to write and give you some reassurances about what that quarantine might look like and some ideas of things to bring with you.

Quarantine means that each student will be staying in their bedroom for 14 days, Houseparents will be bringing meals up three times a day and will be frequently checking on each student to ensure they are managing with the quarantine. We will also be organising a slot for each student to have some time in the 3rd floor boarding garden, in socially distanced groups wearing face coverings, so they can have some fresh air and exercise should they wish to.

We have collectively thought about what you should bring with you to make this time easier and have come up with the following list. Have a think about what you might want over those two weeks, please take into account that you will not be able to go to the shops to get anything you've forgotten and won't be able to go out to smoke.

Quarantine list:

- Shampoo conditioner
- Toothbrush toothpaste
- Sanitary products if required
- Tissues
- Snacks if wanted
- Shower gel/soap/handwash
- You won't be able to smoke/vape for 2 weeks – if this is going to be an issue you might want to think about an alternative option.
- UK sim card to ensure you're connected straight away
- UK adaptor to work in UK 3 pin plug
- Devices – phone/laptop/tablet – something you can access lessons on.
- Books/music/films – anything you'd like to keep you entertained.
- Chargers
- Stationary
- Face covering

Best wishes,

DLD Boarding Team

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